



Eastnor C of E Primary School Early Help Offer

Providing early help to our children and families at Eastnor C of E Primary School means we are more effective at promoting support as soon as we can. Early help means providing support as soon as a problem emerges, at any point in a child's life, beginning with foundation stage.

We endeavour to create a school ethos that promotes trust between all adults and children so that all children know who they are able to talk to if they have any concerns or worries. All children have at least one trusted adult (which they nominate each year) who they feel most comfortable talking to. We also have a worry box in every classroom so children can confidentially speak to the teacher or another member of staff when needed.

At Eastnor C of E Primary School, we believe that safeguarding is everyone's responsibility. Mrs Driscoll (Headteacher) is our Designated Safeguarding Lead and Mrs Tart and Miss Patchett are our Deputy Designated Safeguarding Leads. The Governors with responsibility for Safeguarding are Ms Shields (Chair of Local Board) and Mr Watson (DHMAT Executive Board Link Governor).

All staff and governors receive annual safeguarding training each year. Regular updates through the year ensure continuous professional development. Any new member of staff receives full safeguarding training as part of their induction to the school.

Parents and children are asked to complete a questionnaire regularly. This allows us to adapt our practice and make improvements.

Within school we provide the following early help support for all children, striving to ensure concerns, no matter how small, are listened to and supported effectively, maximising the chances of effectively safeguarding all of our children:

Mental Health and Well-being

Children that need support with their social and emotional wellbeing work with our caring staff in small groups or on a 1:1 basis. Research has shown that how we behave is linked to how we feel and our emotions are linked to how we learn. By teaching children to recognise and articulate their feelings and emotions, through circle times, games and a comprehensive PSHE curriculum, we are able to support their development and learning. We also promote children's emotional and social growth by building positive relationships between each child and their peers; this helps them explore and understand their feelings through various activities. Our head teacher, Mrs Driscoll, is also our mental health lead

Behaviour support

All children are supported by our behaviour policy. If we feel additional support is needed then this will be discussed with the family. We may write a behaviour support plan for the child, involve the Herefordshire behaviour team or if positive handling is needed a positive handling plan.

Eastnor C of E Primary School is supported by Herefordshire's Early Help Hub

We hope, if you needed any extra support then you would let the school know; we know all families need some extra support at times.

The Early Help Hub team, based in Herefordshire, supports the school to identify families at need and next steps.

Herefordshire Council's Early Help Hub offers a confidential service to all Herefordshire families with children aged 0 to 19 years. The Early Help Hub team can provide advice, guidance and support to help you support families during difficult times and to get them back on track. Difficulties could include:

- Family relationships
- Challenging behaviours
- Domestic abuse
- Housing issues
- Struggling with finances
- Emotional and mental health
- Safety in the community
- Substance abuse

Here is the link to the Herefordshire Council Early Help Hub:

<https://www.herefordshire.gov.uk/family-support/parent/6>

Family Support

If you are experiencing difficulties in your family or are worried about your child(ren), there are people who can offer help and support. The Family Support team can help with a range of difficulties from your child not wanting to come to school, lone parents and mental health problems. The Family Support team can work with children both in school and at home. An Early Help form would be completed with the school or with another agency and the Early Help Hub in Herefordshire would decide what support was suitable.

School Nurse

The school nurse work can with our parents and children if it is required. A referral can be made from the school or by the parent to seek support for anxiety, mental health, weight gain or other concerns that you may have about your child. School can also arrange a drop-in surgery.

CAMHS

CAMHS (Child and Adolescent Mental Health Services).is a professional body which is a service that sits within Herefordshire. They work directly with young people experiencing or at risk of experiencing mental health difficulties. The service offers consultation, advice, support and training which can be specifically tailored to suit the professional seeking the service.

Links with our community Social Workers and other support agencies including the Educational Health services

The school work with a number of outside agency professionals who support children. Most referrals for these services are made by the school in consultation with the safeguarding lead or SENCO.

Attendance

Every child whose attendance is below 95% is carefully monitored and support offered wherever possible, utilising the skills of the Education Welfare Advisor (Mrs J Ellis) who comes to the school each half term.

Prevent Trained Staff

All staff have completed the Channel online training. Teachers have been trained by the lead for radicalisation in Herefordshire. This is now part of the induction process for new staff.

Child Criminal/ Sexual Exploitation

The DSL and Deputy DSL's have been trained and are able to identify early indicators of potential cases of child sexual exploitation or crime.

Female Genital Mutilation

Teachers know how to identify if a child may be at risk. They know the signs to look for and most importantly how to refer, following the schools safeguarding procedures.

PSHE Programme

Our school delivers comprehensive Personal, Social, Health and Economics, (PSHE) and Relationship and Sex Education (RSE) programmes. These further support the children's understanding of how to keep themselves safe. It also broadens their understanding of strategies to develop their resilience, as well as their awareness of their mental health and approaches to keep this aspect of their lives healthy.

Our curriculum of study is supplemented by other annual or bi-annual enrichment opportunities including Crucial Crew (Upper Key Stage 2) The NSPCC Speak out and Stay Safe Assembly and Workshops (all children) and Life Patch (Lower Key Stage 2).

Online safety

Each year group is taught e-safety lessons throughout the year, linking directly with areas of computing they are working on. This enables pupils to learn about the potential risks and dangers that they may face when online and appropriate steps and measures to keeping themselves safe and how to report such incidents.

Other useful websites for parents and school to support

The WISH website is a search engine for all support available in Herefordshire for an array of different needs:

<https://www.wisherefordshire.org>

The websites below are support and guidance for schools regarding anxiety:

<https://www.herefordshire.gov.uk/backtoschool>

<https://www.kooth.com/>

<https://www.barnardos.org.uk>

<https://notfineinschool.org.uk/general-resources>

Guidance and support for any children or parents worried about Covid-19:

<https://www.camhs-resources.co.uk/>

<https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/>

<https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>